

After the convention we are offering some intimate cultural tours into the lower Trentino and Lago di Garda areas. These tours will have a maximum of between 20 and 30 people and will typically visit where large motorcoaches fear to tread !. You will need to arrange your own transportation. We may be able to assist with car pooling. Each tour is headed by a local expert. Please email ITTONA president Terry Tremea at [twtremea@msn.com](mailto:twtremea@msn.com) for any questions

## Tuesday Sept 11 Bike Tour



The Riva del Garda area is known for some superb bicycle trails and an abundance of eBike rentals. Since eBikes cost between 40 and 60 euros for one day and are not rented hourly we would like to plan a whole day with lots of refreshment spots



Our guide will be former Giro d'Italia professional cyclist Denis Bertolini. Denis is a local legend and speaks fluent English. He has guided many tour in the area. Denis stays on protected bicycle trails



We will start in Loppio and make our way around the nature preserve towards Nago and then Arco. We will stop at the Roman bridge crossing the Sarca river

Then down to Riva and some spectacular photo ops !



For safety reasons we will then transport the eBikes and riders to Limone. We will walk our bikes thru Limone and stop for group pictures and shopping. We will ride the “Cyclabile del Garda” trail that is suspended on the side of the mountain overlooking Lake Garda. Prepare for some spectacular views. We will walk our bikes thru Limone and you will have some time to shop. We will stop at appropriate points for group photos.



Then back on the support vehicle and a safe drive back to Riva where we will pedal to Toborle and Malcesine on the protected bicycle path

Finally we will make our way back to our starting location of Loppio

There will be many stops for refreshments, food and awesome pictures. The **eBikes have enough power to last the whole day. All you need to do is gentle pedaling ! Lunch and snacks along the way at your expense.** [Click here](#) for some pictures and videos of past tours. Cost is 30 Euros per person for the day plus the rental cost of the selected eBike



# Lower Trentino Wine Tour

We will visit the Cantina Grigoli in Mori. Since 1800, the Grigolli family has passed down the farming

tradition and viticulture by raising cattle with the production of cheese and butter, cultivating wheat and tobacco and producing wine for family use only. The oenologist Bruno Grigolli today tells this story through his wines,

enhancing the territory in which he lives, the classic vines, the climate and the winemaking practices transmitted with great passion from generation to generation.



**Armando Simoncelli** decided to start making wine from the grapes from his own vineyards in 1977 and to bottle with his own name on the label.

The company is based in 'Navesel', an ancient port on the Adige river, just south west of Rovereto, in Vallalagarina. With the reclamation of the valley floor and the embankment of the river, a fertile countryside remained where the vineyards found an ideal

environment to develop and produce superior quality grapes. The Simoncelli family began cultivating those vineyards more than two hundred years ago and the farmhouse that stands in the center of them, renovated and enlarged in 1985, houses the winemaking and wine aging cellar. [Click here](#) for more details.



## Cantina d'Isera

The Cantina d'Isera is noted for traditional Marzemino wines you will only find in Trentino



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Here we will try the unique Trentino vino santo at the **Cantina Pisoni** in Pergolese in the Valle dei Laghi. This winery has been innovative in developing the Revo similar to the Amarone style of appassimento. In addition you can purchase part of Trentino as part of their purchase a vine with your plaque. In addition they also produce some extra virgin olive oil. Cousins and strong enthusiasts in the world of wine, Marco and Stefano of Cantina Pisoni have dedicated and dedicate, today more than ever, their time to cultivating the land with love,



respect, dedication and enthusiasm . They practice environmentally friendly agriculture with organic cultivation techniques , for the production of an all-natural wine . [Click here](#) for their website. Click here for videos of past visits.



**Tasting fee is 40 Euros for all four tastings. Lunch on your own. You will need to provide your own transportation. We will start in Rovereto and end in Pergolese.**



## Brentonico and Castione Thursday September 12

Meet at the cemetery in Besagno at 10 on Thursday September 12th. Besagno is 5 kms up the road to Brentonico from Mori. The Besagno cemetery is on your left on the right hand sharp curve on main road to Brentonico. There is lots of parking to the left of the cemetery,



We will meet Angelo Zeni and visit il Mulino Zeni which is unique in that all gears are made of wood. Of the over 1,000 historic mills in the Trentino area, used to grind cereals, the Mulino Zeni is one of the few still fully functional. Fundamental to the rural economy, the "Vitruvian" mill with palmenti was found almost everywhere in the Trentino valleys, near small and large waterways. Of the over a thousand mills that could be counted in this area around the nineteenth century, the Zeni Mill, built in 1806 by the Ballista family, is the only



one with hydraulic power still in operation in the Sorna Valley. Here, in the 19th century, around twenty mills, forges and sawmills were powered by water. The mill was purchased by the Zeni family in 1906. [Click here](#) for more details.



Lunch will be at the famous Maso Palu which specializes in km0 food. Camilla Girardelli and family will prepare some traditional Trentino food. The tasting menu changes frequently with what is available locally. There will be a presentation of the book Una Vita Con Entusiasmo, an autobiography of Augusto Girardelli, an extraordinary man who was responsible for much of what is now Altissimo and Monte Baldo, and a preview of the video documentary.

After lunch we will stop by Castione and meet Carlo Viesi of Vies Beer. Carlo has worked hard reintroducing ancient grains in Trentino agriculture. We will taste some craft beer made using these ancient grains. Hopefully Carlo will have some of the famous Castione chestnuts left over and frozen from this year. He will cook some for us !



We will then visit the local church and see the famous Castione pink marble that was used in many churches of the Austrian Empire. Hungarian



Cost of this tour is 15 Euros.



# Nature, Maybe Crash Site and Photography in the Val di Gresta

**Wednesday September 11 @ noon**

Join acclaimed Trentino photographer Dalila Becocchi for a nature tour thru the Val the Gresta with tips on nature photography while hiking thru the unspoiled nature of the Val di Gresta. We will start from the Hotel Martinelli in Ronzo Chienes at noon



A short hike from a panoramic view of the Stivo Mountain at an altitude of 1165 meters are caves called La Giazza formed between large landslide boulders with characteristic that makes them unique. In summer, in the innermost parts, fair quantities of ice form and accumulate making for a natural refrigeration unit.

You will experience a significant temperature drop on the

Then we will drive up to Monto Brugnolo and a short hike to the plaque where the Maye airplane crashed.



After lunch we will drive down to Pannone to see the ruins of the old mill and the roaring Dal Ri river.



Then a visit to Corniano and the abandoned ruins . Corniano, not far from Manzano, is a ghost town, abandoned perhaps following the reprisals of the Venetians, who in 1440 led to the destruction of the castles of Albano and Nomesino, perhaps following the great plague of 1630. The stone houses and ruins of the mysterious town and the overlying rocks colored by overlapping red and gray limestone layers, give rise to an environment so extraordinary that it has been included in the areas of monumental interest by the Province of Trento. The delightful Romanesque church of S. Agata, \stands alone in a panoramic position.



We end the day with a hike up Mt. Grom and the preserved Austrian trenches of Nagià Grom from World War 1. The Alpini from Mori will share the history of the 360 degree fortifications. The panorama alone is worth the 10 minute hike !



We will end around 5 pm with a visit to San Felice di Valgardumo. Join historians Piera and Barbara Ciaghi for a discussion on what is arguably Trentino's first saint.

Cost of this excursions 30 euros. You will need your own transportation. We may be able to car pool. Meet at Hotel Martinelli in Ronzo Chienes Monday at noon

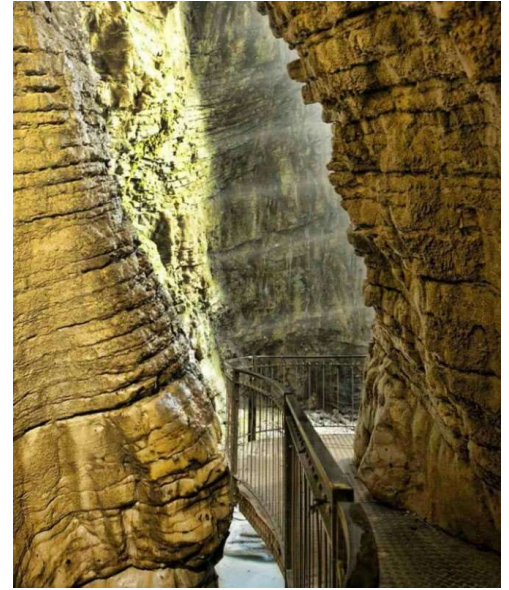


# Riva del Garda, Varone Waterfall, Carne Salada, Balsamic Vinegar and Garda Organic Olive Oil



**Varone Waterfall Cave Park** is located in Tenno, 3 kilometres from Riva del Garda, along 421 national road direction Ponte Arche.

Follow the signs for Tenno, and before arriving to the village take direction “Varone”. We will meet at here at 10 AM [Click here](#) for more details.



We will then visit the **Balsamico Trentino** and have a tour of the Trentino Balsamico company where Ivo Bombardelli will share how they are the only ones outside of Modena that can produce



balsamic vinegar. You will see the process and taste the different aged balsamic vinegar. Lunch is on your own here with the spectacular view and the traditional carne salada! .





# Frantoi Ivo Bertramini Olive Oil

All of them are based on the precious mixture obtained according to the traditional balsamic recipe. It is natural for us to visit a frantoio where they make the virgin olive oil. The virgin olive oil from Lake Garda has a unique delicate flavor. We will visit the small Frantoio Ivo Bertramini. Founded in 1960, is a family-run business: most recently, in addition to the production of extra virgin olive oil (certified organic), has been started a new business of cosmetic products such as bath oil, shampoo, balsam, soap, moisturizing cream.



**Cost is 25 Euros and includes the group entrance to the Varone Waterfall.**