

SEATTLE TRENTINO CLUB

Celebrating the customs, languages, music, food and traditions of Trentino!



November 2014

2014 BOARD MEMBERS

President – Mary Beth Moser

Vice-president – Dana Deseck-Piazzon

Secretary – Shawna Gibson

Treasurer, Past President – Joan Barker

Youth Representative – Maggie Newhouse

~ **My Heart is Full** ~ *Mary Beth Moser*

Greetings of *autunno*, my favorite season. Having just returned from a visit to Trentino last month, my memories are fresh and my heart is full. In many ways, it felt like I experienced the best of Italy, including food, family, and fun! My husband and I feasted on home-cooked traditional meals in my relatives' homes and at *masi* (farmhouses) converted into guesthouses, watched my twin cousins perform the folk dances of Val di Sole with their dance group, and drank spring water from the fountain in my grandmother's village.

Apples were in abundance – and also homemade apple strudel! The forests offered up the last of the mushrooms for *risotto con funghi*. Chestnuts still hot from the wood-fired oven appeared at the end of the meal. We hiked in the glorious wilds of Stelvio National Park in Val di Rabbi, gazed into the emerald depths of Lago Tovel, and walked in the unmatched beauty of

the Dolomites. Although it has been a very rainy summer in Italy – the wettest anyone can remember – we enjoyed the burst of good weather that arrived just as we did. On the occasional overcast days, we visited some excellent museums, which I'll write more about later in the newsletter.

Over long lunches and dinners, we celebrated cherished friendships, some of them initiated by a chance meeting on the bus in 1980 on our first excursion to Trentino in search of relatives. I'm ever grateful to the women who opened their doors and hearts to us so long ago, and who continue to do so. New generations now join us at the table.

A visit to Trentini Nel Mondo in Trento to bring greetings from our club helped me realize how many *Circoli* there are all over the world. My wish is that everyone with Trentino heritage in our *circolo* and beyond can visit this beautiful land sometime. For me, it has been a discovery of internal territory as well outer terrain. Meeting people with my own surname and with the names of my other grandparents evokes a certain sense of belonging, feelings which our own club gatherings amplify.

The long winter months are a good time to rekindle our connections. I feel honored to know my heritage, a privilege which also carries the responsibility to all those who came before me to maintain these precious ties.

Upcoming STC Events

***** Evite forthcoming – please save the date! ****

Christmas/La Befana Party - **January 4, 2015** at Tyee Yacht Club, Seattle

1:30 PM – 4:30 PM

FOOD! * MUSIC! *** GIFT EXCHANGE! *** CELEBRATION!**

Please come! We'd love to see you there! More details will be coming soon with an Evite. We hope that both Father Christmas and La Befana will make appearances. We will need volunteers to help set up and to put things away. After the festivities, there will be a short all-member meeting with annual elections.



Ideas for Possible Events

Please contact us if you have ideas for activities and thank you to those of you who have shared ideas and are implementing them. Our goal is to offer opportunities to gather more often as well as to learn about and celebrate our culture. Some ideas for local events this fall and winter include:

- Bocce playing at Von Trapps on Capitol Hill in Seattle
- Canederli-making demonstration/cooking class
- Tasting wines from Trentino/Alto Adige
- Member Family History Sharing night where we get a chance to tell our stories
- Trentino BINGO! – **Gary and Dianna Piazzon** are working on this
- Youth community service event – **Maggie Newhouse**, our youth representative, has some ideas for this

We would also like to offer cooking demonstrations of traditional foods and other crafts by our skilled members. Let us know your skill and if you have a place to host such an event. mbmoser@comcast.net

- **Cheese-making Class.** We also have the opportunity for a cheese-making class, *From Cow to Curd*, on Vashon Island. Those of you who have visited Trentino know how much cheese is part of our traditional culture. Please email me mbmoser@comcast.net if you are interested and check out the web site for more information. <http://www.dairycouple.us/>

Upcoming Events by Other Groups

- **December 3, 2014. Presentation by Simone Moro** Alpine skier, winter alpinist and high-altitude rescue helicopter pilot, *The Call of the Ice* multimedia slideshow; Wednesday, Dec. 3rd, at Feathered Friends, 119 Yale Ave N, Seattle. Time: Doors at 7pm | Show begins at 7:30pm
Cost: Free! No tickets, but arrive early to claim a seat Bonus: Beverages | Q & A | Book Signing
Facebook link: <http://on.fb.me/1t5GEWI> Presented by Mountaineers Books & Feathered Friends

- **December 6, 2014. Festa Di Natale per I Bambini** – Dante Alighieri Society traditional Christmas celebration for children and their families. Location: Christ the King Parish's Brannan House 11544 Phinney Ave North at 117 NW. Please pre-register and pre-pay by sending the registration form to the address provided on the form. Download the form at http://das.danteseattle.org/natale_reg.pdf
- **February 1 - 6, 2015. Annual Nordic Ski Trip to Methow Valley, WA** Member **Joanne Dalsass, in Bend, Oregon**, invites us to the yearly Nordic skiing trip that she arranges. Please contact Joanne soon if you are interested: 541-388-0345 joanned@bendbroadband.com. Thanks for including us, Joanne!

Member News and Other News of Interest

- For those of you working on Italian citizenship through the San Francisco consulate, member **Dan Kalstad** wrote to say that their guidelines for citizenship and procedures have changed. Please check the website for details. http://www.conssanfrancisco.esteri.it/Consolato_SanFrancisco/Menu/I_Servizi/Per_i_cittadini/Cittadinanza/
- THANK YOU to **Tina and Tom Fellin** – for renewing your 2015 dues, and for your donation! The support of members makes all the difference.
- **Trentini Nel Mondo** gifted our club some Italian language DVDs about Trentino, including *Trentino Oggi, Io Vivo a Castel Thun*, and *Dolomiti: dal Brenta alle Tofane*. If you are interested in viewing these, let me know. mbmoser@comcast.net
- **Youth Exchange Form and Deadline:** Each year the Autonomous Province of Trento sponsors exchanges for several youths ages 18 - 36. The form must be submitted between **January 1 and February 28**. Please see the Province web site for further instruction; the link for the exchange is provided here: [exchange](#) For more information in English, contact Antonella Giordani antonella.giordani@provincia.tn.it This seems like a great opportunity!

Trentino Museums



MUSE Science Museum - fabulous new museum in Trento that opened in 2013, so popular it has had to turn people away on some days, having reached capacity. Architect-designed, stunning visual displays that bring the long natural history of Trentino alive. Great café. Plan to spend the whole day. This feels like a living museum, not to be missed.

<http://www.muse.it/en/Pages/default.aspx>

Casa Andriollo – Subject Mountain Women, women’s ethnographic museum/art gallery – a gem of an offering in Borgo Valsugana for those interested in our foremothers’ lives. Curated by artist Rosanna Cavallini, who has carefully gathered and displayed the everyday and precious things from the lives of mountain women. Her passion and respect are evident in the care of the exhibit. <http://www.valsuganacultura.it/casaandriollo/>, and on Facebook: <https://www.facebook.com/CasaAndriollo>



Local Italian Organizations

Several organizations in the Seattle area celebrate Italian heritage, language and culture. While our group focuses on the culture of the province of Trentino, participating in these other groups provides an opportunity for us to support each other, as well as to share in activities of common interest. Here are some of the clubs who have regular activities:

Dante Alighieri Society. Bi-monthly programs on Italian culture, one in English, one in Italian. Italian language school. <http://das.danteseattle.org/>

Seattle Perugia Sister City Society: regular and special events focused on Italy; monthly gatherings, **La Tavola Italiana**, at Caffè Umbria in Pioneer Square for Italian conversation; film festival; Italian language scholarships; annual picnic; <http://www.seattle-perugia.org/>

Club Alpino Italiano (CAI) Pacific Northwest subsection of Pisa: Hiking group with regular local activities and annual international trips and exchange programs. <http://www.cai-pnw.com/>

Sons of Italy; Italian organization with social events <http://www.qlnw.org/information.htm>

Trentino Cultural Corner

«Strudel» or apple pastry roll («strüdel» o arrotolato di mele)

Preparation time: 50 minutes
Cooking time: 50 minutes

Ingredients:

300 g flour
100 g pine kernels
6 apples, thinly sliced
100 g butter
1 whole egg and 1 egg yolk
1/2 glass milk
50 g sultanas
pine kernels
3 tbs sugar
powdered cinnamon
pinch of salt

Place the flour on a pastry board with 50 g soft butter, the whole egg, the salt and the milk (slightly warmed). Knead together to make a soft ball of dough. This should be left to stand for 15 minutes. Then roll the dough out as thinly as possible and place it on a kitchen cloth. Arrange the apple slices on the dough leaving a border of about 3 centimetres all round. Add the sultanas, the pine kernels, two tablespoonsful of sugar, the rest of the butter (distributed in dabs) and a sprinkling of cinnamon. Gently raise the edge of the cloth to lift the dough and then roll it up as tightly as possible to make a large sausage. Press the ends flat with the hands. Lay the roll on a well greased and floured baking tray. Brush with the egg yolk and bake in a hot oven for about 50 minutes.



One of several delicious homemade strudels we ate in Trentino

Recipe from *Typical Products and Dishes*, Autonomous Province of Trento, p.105.

Volunteer Opportunities and Initiatives

We have already has some members step up with ideas, which they are going to implement. Do you have skills or interest in the following areas? If so, please contact us!

- web design and creation
- member directory
- photography
- youth activities
- hosting and organizing an event
- teaching a craft or skill related to Trentino culture
- taking responsibility for recycling at our major events
- soliciting sponsorship from business community
- map display at major events for member reference

2015 Seattle Trentino Club Dues

Our club year runs from January through December and dues are due in January. Our dues enable us to rent venues (which often require a large damage deposit) for our events, to buy supplies, and to cover other club expenses. Dues are \$25 per household. We very much appreciate your support for the Seattle Trentino Club. If you have not already done so, please send \$25 to our treasurer.

Seattle Trentino Club, c/o Joan Barker, 700 S 282nd Street #742, Des Moines, WA 98198.

If you have not been a member before, or if your information has changed, please complete the Application for Membership (**see next page**); otherwise, the form is not necessary. If your email address changes, please let us know.

SEATTLE TRENTINO CLUB

Application for Membership

Name of Trentino/a _____

Name of partner _____

Names and ages of children in household:

Street address _____

Telephone(s) _____

E-mail address(es) _____

Relationship to emigrant(s), their names and the town(s) from which they emigrated, if known:

Date of application _____

We are collecting stories of the emigration and subsequent histories of our members' families. We hope you will share this information with the group.

Please send completed Application for Membership with \$25/household 2014 membership fee to:

Seattle Trentino Club
c/o Joan Barker
700 S 282nd Street, #742
Des Moines, WA 98198

For information call: 206-878-4502 or write: joanbarker@mac.com